

Week of February 3

Da' Adání (Cafeteria)

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Breakfast 7:30 am - 9:00 am				
Choice of Egg (Scrambled or Boiled) Wheat Toast or Biscuit Hash Browns Bacon Corned Beef Hash or Grab & Go - Choice of Breakfast Sandwiches	Choice of Egg (Fried or Boiled) Wheat Toast or Biscuit Hash Browns Bacon Sausage Patties or Grab & Go - Choice of Breakfast Sandwiches	Choice of Egg (Scrambled or Boiled) Wheat Toast or Biscuit Hash Browns Bacon Sausage Links or Grab & Go - Choice of Breakfast Sandwiches	Choice of Egg: Chef's Choice Frittata or Boiled Wheat Toast or Biscuit Hash Browns Bacon Spam or Grab & Go - Choice of Breakfast Sandwiches	Choice of Egg: Scrambled or Boiled Pancakes Hash Browns Bacon Chef's Choice Or Grab & Go - Chef's Choice Breakfast Burrito
Lunch 11:30 - 1:30 pm				
Chicken or Shrimp Alfredo Sauteed Broccoli with Red Peppers Dinner Rolls <i>Mushroom Vegan Alfredo (V)</i>	Beef or Chicken Fajita with Bell Peppers and Onions Yellow Rice Refried Beans Flour Tortillas <i>Black Beans and Tofu Fajitas (VG)</i>	Footlong Hot Dogs and Brats Tater Tots Chili Con Carne Cheese Sauce Diced Onions, Diced Tomatoes and Sliced Jalapenos <i>Beyond Brats (VG)</i>	Fried Chicken Au Gratin Potatoes Normandy Vegetable Blend Biscuits <i>Seasoned Fried Tofu (VG)</i>	Deli Bar <i>Veggie Wrap (VG)</i>
Dinner 4:30 pm - 6:30 pm				
Beef Tips with Gravy Brown Rice Vegetable Melange Dinner Rolls <i>Beef Tips and Gravy (VG)</i>	Pork Roulade Mushroom Risotto Balsamic Glazed Sprouts Dinner Rolls <i>Strawberry Quinoa Salad (VG)</i>	Chicken Teriyaki Bowl White Rice Green Bean and Mushroom <i>Tofu Bowl (VG)</i>	Beef Stew Squash and Spinach Dinner Rolls <i>Vegetable Stew (VG)</i>	Chicken and Waffles Potato Wedges Steamed Asparagus Dinner Rolls <i>Beyond Tenders and Waffles (VG)</i>
Grab & Go Dinner - Choice of Sandwich (Ham, Turkey or Roast Beef) Served with Potato Chips, Fresh Fruit and Cookie				No Grab & Go



MONDAY

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Breakfast
7:30am - 9am

Pick Up Time: _____

Select One

Breakfast

Circle one of each

Choice of Eggs:

Scrambled Eggs

Hard-Boiled

Choice of Bread:

Wheat Toast

Biscuit

Choice of Meat:

Bacon

Corn Beef Hash



Grab & Go Breakfast

Breakfast Sandwich served with Hash Brown

Select one (circle):

Choice of Egg:

Fried

Scrambled

Choice of Bread:

Biscuit

English Muffin

Choice of Meat:

Sausage

Bacon

Beverage Choice: _____

Lunch
11:30am - 1:30pm

Pick Up Time: _____

Select One



Alfredo Pasta
(Circle One)
Chicken
Shrimp



Mushroom Vegan Alfredo (V)

Sautéed Broccoli with Red Peppers



Add Side Salad (\$2)

STATIONS

(See station form)



Deli Station



Salad Station

Beverage Choice: _____

Dinner
4:30pm - 6pm

Pick Up Time: _____

Select One



Beef Tips and Gravy



Beefless Tips and Gravy (V)

Brown Rice
Vegetable Melange
Dinner Rolls



Grab & Go

Potato Chip, Fresh Fruit & Cookie
(Select one)

Sandwich:

Ham

Turkey

Roast Beef

Beverage Choice: _____

Beverage options offered with every meal.

Coffee

Regular
Decaf

Juice

Orange
Apple
Cranberry
Lemonade
Pink Lemonade
Hi C Fruit Punch

Water

Dasani
Vitamin Water

Powerade -
Mountain Blast
Powerade - Fruit
Punch



Milk

2 %
Almond
Chocolate
Almond

Soda

Coca-Cola
Cherry Coke
Diet Coke
Sprite
Dr. Pepper

Tea

Hot Herbal Tea
Raspberry Tea
Green Tea
Unsweetened

(V) - Vegetarian

TUESDAY

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Breakfast 7:30am - 9am

Pick Up Time: _____

Select One

Breakfast

Circle one of each

Choice of Eggs:

Fried Eggs

Hard-Boiled

Choice of Bread:

Wheat Toast

Biscuit

Choice of Meat:

Bacon

Sausage Patty



**Grab & Go
Breakfast**

Breakfast Sandwich served
with Hash Brown

Select one (circle):

Choice of Egg:

Fried

Scrambled

Choice of Bread:

Biscuit

English Muffin

Choice of Meat:

Sausage

Bacon

Beverage Choice: _____

Beverage options offered with every meal.

Coffee

Regular

Decaf

Juice

Orange

Apple

Cranberry

Lemonade

Pink Lemonade

Hi C Fruit Punch

Water

Dasani

Vitamin Water

Powerade -

Mountain Blast

Powerade - Fruit

Punch

Lunch

11:30am - 1:30pm

Pick Up Time: _____

Select One

**Fajitas with Bell Peppers and
Onions**

(Circle One)

Beef

Chicken

Black Bean & Tofu Fajitas (V)

Yellow Rice

Refried Beans

Flour Tortillas

Add Side Salad (\$2)

STATIONS

(See station form)

Deli Station

Salad Station

Beverage Choice: _____



Dinner

4:30pm - 6pm

Pick Up Time: _____

Select One

Pork Roulade

Strawberry Quinoa Salad (V)

Mushroom Risotto

Balsamic Glazed Brussels Sprouts

Dinner Rolls

Grab & Go

Potato Chip, Fresh Fruit & Cookie

(Select one)

Sandwich:

Ham

Turkey

Roast Beef

Beverage Choice: _____

(V) - Vegetarian

Milk

2 %

Almond

Chocolate

Almond

Soda

Coca-Cola

Cherry Coke

Diet Coke

Sprite

Dr. Pepper

Tea

Hot Herbal Tea

Raspberry Tea

Green Tea

Unsweetened

WEDNESDAY

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Breakfast 7:30am - 9am

Pick Up Time: _____

Select One

- Breakfast**
Circle one of each
Choice of Eggs:
Scrambled Eggs
Hard-Boiled
Choice of Bread:
Wheat Toast
Biscuit
Choice of Meat:
Bacon
Sausage Links
- Grab & Go Breakfast**
Breakfast Sandwich served with Hash Brown
Select one (circle):
Choice of Egg:
Fried
Scrambled
Choice of Bread:
Biscuit
English Muffin
Choice of Meat:
Sausage
Bacon

Beverage Choice: _____

Lunch 11:30am - 1:30pm

Pick Up Time: _____

Select One

- Foot Long Hot Dogs & Brats**
- Beyond Brats (V)**
Chili Con Carne
Cheese Sauce
Diced Onions, Diced Tomatoes, Sliced
Jalapenos
Tater Tots
- Add Side Salad (\$2)**
STATIONS
(See station form)
- deli Station**
- Salad Station**

Beverage Choice: _____

Dinner 4:30pm - 6pm

Pick Up Time: _____

Select One

- Chicken Teriyaki Bowl**
- Tofu Bowl (V)**
White Rice
Green Bean & Mushroom
- Grab & Go**
Potato Chip, Fresh Fruit & Cookie
(Select one)
Sandwich:
Ham
Turkey
Roast Beef

Beverage Choice: _____

Beverage options offered with every meal.

Coffee

Regular
Decaf

Juice

Orange
Apple
Cranberry
Lemonade
Pink Lemonade
Hi C Fruit Punch

Water

Dasani
Vitamin Water
Powerade -
Mountain Blast
Powerade - Fruit
Punch



Milk

2 %
Almond
Chocolate
Almond

Soda

Coca-Cola
Cherry Coke
Diet Coke
Sprite
Dr. Pepper

Tea

Hot Herbal Tea
Raspberry Tea
Green Tea
Unsweetened

(V) - Vegetarian

Thursday

Da' Adání (Cafeteria)

Name: _____

Phone: _____

(V) - Vegetarian

Breakfast 7:30am - 9am

Pick Up Time: _____

Select One

- Breakfast**
Circle one of each
- Choice of Eggs:**

 - Frittata
 - Hard-Boiled

- Choice of Bread:**

 - Wheat Toast
 - Biscuit

- Choice of Meat:**

 - Bacon
 - Spam

- Grab & Go Breakfast**
Breakfast Sandwich served with Hash Brown
- Select one (circle):**
- Choice of Egg:**

 - Fried
 - Scrambled

- Choice of Bread:**

 - Biscuit
 - English Muffin

- Choice of Meat:**

 - Sausage
 - Bacon

Beverage Choice: _____

Beverage options offered with every meal.

Coffee

Regular
Decaf

Juice

Orange
Apple
Cranberry
Lemonade
Pink Lemonade
Hi C Fruit Punch

Water

Dasani
Vitamin Water
Powerade -
Mountain Blast
Powerade - Fruit
Punch



Milk

2 %
Almond
Chocolate
Almond

Soda

Coca-Cola
Cherry Coke
Diet Coke
Sprite
Dr. Pepper

Tea

Hot Herbal Tea
Raspberry Tea
Green Tea
Unsweetened

Lunch

11:30am - 1:30pm

Pick Up Time: _____

Select One

- Fried Chicken**
- Seasoned Fried Tofu (V)**
Au Gratin Potatoes
Normandy Vegetable Blend
Biscuits
- Add Side Salad (\$2)**
- STATIONS**
(See station form)
- Deli Station**
- Salad Station**

Beverage Choice: _____

Dinner

4:30pm - 6pm

Pick Up Time: _____

Select One

- Beef Stew**
- Vegetable Stew (V)**
Dinner Rolls
Squash and Spinach
- Grab & Go**
Potato Chip, Fresh Fruit & Cookie
(Select one)
Sandwich:

 - Ham
 - Turkey
 - Roast Beef

Beverage Choice: _____

Friday

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Breakfast 7:30am - 9am

Pick Up Time: _____

Select One

Breakfast

Circle one of each

Choice of Eggs:

Frittata

Hard-Boiled

Choice of Bread:

Wheat Toast

Biscuit

Choice of Meat:

Bacon

Spam

Grab & Go Breakfast

Chef's Choice

Breakfast Burrito

Served with Hash Brown

Beverage Choice: _____

Lunch 11:30am - 1:30pm

Pick Up Time: _____

Select One

Deli Bar *(See station form)*

Veggie Wrap (V)

Add Side Salad (\$2)

STATION
(See station form)

Salad Station

Beverage Choice: _____

Dinner 4:30pm - 6pm

Pick Up Time: _____

Select One

Chicken and Waffles

Beyond Tenders and Waffles (V)
(circle selection)

**Steamed Asparagus
Potato Wedges
Dinner Roll**

Grab & Go
Potato Chip, Fresh Fruit & Cookie
(Select one)

Sandwich:

Ham

Turkey

Roast Beef

(V) - Vegetarian

Beverage options offered with every meal.

Coffee

Regular
Decaf

Juice

Orange
Apple
Cranberry
Lemonade
Pink Lemonade
Hi C Fruit Punch

Water

Dasani
Vitamin Water
Powerade -
Mountain Blast
Powerade - Fruit
Punch



Milk

2 %
Almond
Chocolate
Almond

Soda

Coca-Cola
Cherry Coke
Diet Coke
Sprite
Dr. Pepper

Tea

Hot Herbal Tea
Raspberry Tea
Green Tea
Unsweetened

SATURDAY

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Sunday Brunch

10am - 11:30 am

Pick Up Time: _____

Chef's Choice

Beverage Choice: _____

Sunday Dinner

3:30pm - 5pm

Pick Up Time: _____

Chef's Choice

Beverage Choice: _____

(V) - Vegetarian

Beverage options offered with every meal.

Coffee

Regular
Decaf

Juice

Orange
Apple
Cranberry
Lemonade
Pink Lemonade
Hi C Fruit Punch

Water

Dasani
Vitamin Water

Powerade -
Mountain Blast
Powerade - Fruit
Punch



Milk

2 %
Almond
Chocolate
Almond

Soda

Coca-Cola
Cherry Coke
Diet Coke
Sprite
Dr. Pepper

Tea

Hot Herbal Tea
Raspberry Tea
Green Tea
Unsweetened

SUNDAY

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Sunday Brunch
10am - 11:30 am

Sunday Dinner
3:30pm - 5pm

Pick Up Time: _____

Pick Up Time: _____

Chef's Choice

Chef's Choice

Beverage Choice: _____

Beverage Choice: _____

Beverage options offered with every meal.

(V) - Vegetarian

Coffee

Regular
Decaf

Juice

Orange
Apple
Cranberry
Lemonade
Pink Lemonade
Hi C Fruit Punch

Water

Dasani
Vitamin Water
Powerade -
Mountain Blast
Powerade - Fruit
Punch



Milk

2 %
Almond
Chocolate
Almond

Soda

Coca-Cola
Cherry Coke
Diet Coke
Sprite
Dr. Pepper

Tea

Hot Herbal Tea
Raspberry Tea
Green Tea
Unsweetened

LUNCH STATIONS (M-F)

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Beverage options offered with every meal.

ORDER DATE: _____

Salad Station

Spring Mix
(circle choices)

- | | | |
|--------------------------|------------------------|-------------------------|
| Grape Tomatoes | Cucumbers | Shredded Carrots |
| Boiled Eggs | Broccoli | Cauliflower |
| Ham | Bacon Bits | Beets |
| Baby Corn | Mushroom | Radish |
| Sunflower Seeds | Dried Cranberry | Croutons |
| Chow Mein Noodles | | |

Deli Station

(circle choices)

- | | | |
|----------------------|---------------------|-----------------------|
| Ham | Roast Beef | Tuna |
| Pepperoni | Salami | Lettuce |
| Sliced Tomato | Pickle | Shaved Onion |
| Pasta Salad | Potato Salad | Macaroni Salad |
| Potato Chips | | |

(V) - Vegetarian

Coffee

- Regular
- Decaf

Juice

- Orange
- Apple
- Cranberry
- Lemonade
- Pink Lemonade
- Hi C Fruit Punch

Water

- Dasani
- Vitamin Water
- Powerade - Mountain Blast
- Powerade - Fruit Punch



Milk

- 2 %
- Almond
- Chocolate
- Almond

Soda

- Coca-Cola
- Cherry Coke
- Diet Coke
- Sprite
- Dr. Pepper

Tea

- Hot Herbal Tea
- Raspberry Tea
- Green Tea
- Unsweetened

MONDAY - THURSDAY
GRAB N' GO

Da' Adání (Cafeteria)

Name: _____

Phone: _____

Beverage options offered with every meal.

ORDER DATE:

Grab & GO (circle choice)

Choice of Sandwich:

Ham

Turkey

Roast Beef

Served with:

Potato Chips, Fresh Fruit & Cookie

(V) - Vegetarian

Coffee

Regular
Decaf

Juice

Orange
Apple
Cranberry
Lemonade
Pink Lemonade
Hi C Fruit Punch

Water

Dasani
Vitamin Water
Powerade -
Mountain Blast
Powerade - Fruit
Punch



Milk

2 %
Almond
Chocolate
Almond

Soda

Coca-Cola
Cherry Coke
Diet Coke
Sprite
Dr. Pepper

Tea

Hot Herbal Tea
Raspberry Tea
Green Tea
Unsweetened